

Go, Otto, Go! (The Adventures of Otto) download pdf



LEFT: Evan and Josie get to know each other (and even flirt a little) by the fire at the end of their satisfying day as trail leaders.

FAR LEFT: David, Oregon, musician and social worker Alicia Viani sings around the campfire with Josie; Lizzie, 16, behind; and co-facilitator Gloria Jones, right.



Evan, trailed by Josie, eagerly tackles the final approach to the summit of Broken Top, with No Name Lake behind.



JOSIE & THE WILDERNESS

is. Our summit will be however we can support each other and however far we can go as a group. As one unit. As one team."

BY 5.30 A.M., all the teenagers are up, and camp is coming down.

At 7 a.m., after yoga and breakfast, Todd Lake is behind them. Broken Top's summit is 8 miles and 2,400 feet of elevation gain ahead.

By late morning, the trees thin, replaced by hardened lava flows and volcanic debris. Middy passes, hiking in meditative silence, every crunch under a boot, the rasp of every breath, pack straps pressing into soft sloped shoulders. Everyone together, walking over the mountains, as far as they can go.

In journaling the day before, each teenager had to identify what he or she would like to leave behind during this apex of metamorphosis. During a late lunch stop at a creek, Josie sets out to find just the right small rock.

Later, in the shadow of the summit, silently and methodically, one by one, the teenagers gently toss their rocks into the flowing creek. Josie's precise movements are a diamond-tipped sample

of her new self, a mindful balance of vulnerability, acceptance and newfound strength.

The call of the final pitch to the summit beckons. This is the most dangerous stretch of the trail. The teens must follow a narrow path traversing a steep, loose scree slope above the spectacular but deadly cold No Name Lake.

Josie safely edges past the lake and up the saddle of Broken Top's peak. She stops, partway, catches her breath on the exposed ridge, scrambles over a boulder and continues. Every step is one she thought she couldn't take a week ago.

And then, in a seismic clap, a split atomic second, Josie is there.

A sudden gust of wind takes her by surprise and sends another team member's hat away and over the edge, a sacrifice never seen again. Behind Josie lies the conquered trail and the terrible darkness of the past few years. Ahead of her lies a landscape of infinite possibility.

Joshua Bright is a British photojournalist and writer living in a tiny New York apartment with his wife and son. When not working for The New York Times and other publications, he seeks opportunities to escape into the wilderness, adventure and places of mind. His projects on end-of-life, homelessness, disabilities and Zen meditation have been widely acclaimed. Instagram: @jbrighphoto, Vello: jbrighphoto, Vello: jbrighphoto.

See You at the Summit participants, from left, Clarke, 13; Evan, 17; Josie, 18; Cora, 14; founder Heather Rose Otto; Jacob, 16; Kira, 13; Lizzie, 16; and Peter, 16, pose at the summit.



Josie stands at the summit on Broken Top Mountain.

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